

Patient Instructions Before Surgery with IV Sedation

Thank you for choosing Riverside Oral Surgery. It is our mission to provide you with the optimal patient experience each and every time. Your care and comfort are our highest priorities. Here are a few simple instructions to follow before your appointment.

- ✓ **DO** check with your surgeon prior to your appointment if you take routine medications.
- ✓ **DO** notify the office before your procedure if you have an illness such as a cold, sore throat, stomach or bowel upset.
- ✓ **DO** arrive at least 15 minutes before your scheduled surgery.
- ✓ **DO** plan for a responsible adult to accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- ✓ **DO** wear loose fitting clothing with sleeves which can be rolled up past the elbow.
- ✓ **DO** wear sturdy, low-heeled shoes.
- ✓ **DO** call 201.487.6565 with any questions.
- ✗ **DON'T** have anything to eat or drink (including water) for eight (8) hours prior to the appointment.
- ✗ **DON'T** wear contact lenses or jewelry. Also, dentures must be removed before the time of surgery.
- ✗ **DON'T** wear lipstick, excessive makeup, or nail polish, especially gel polish on the day of surgery.
- ✗ **DON'T** wear flip flops.
- ✗ **DON'T** smoke for at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- ✗ **DON'T** drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
- ✗ **DON'T** worry! Everything will be great.



If you have any questions, please call our office at (201) 487-6565.